

CURRICULUM VITAE

Umesh K. Sab, M.D. (AKA – Umesh Kumar Sabharwal, M.D.)
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Personal Statistics:

Date of Birth – September 19, 1953
Place of Birth – Ambala, Haryana, India
Marital Status – Married, 1979
Citizenship – United States of America

Education:

1968 Senior Cambridge, Christ Church Boys School, Jabalpur, India

1970 B. Sc., University of Jabalpur, India

1974 M.B., B.S., (Bachelor of Medicine and Surgery), All India Institute of Medical Sciences, New Delhi, India

Professional Experience:

1/75 – 12/75 Rotating Intern
All India Institute of Medical Sciences, New Delhi

1/76 – 6/76 Junior Resident, Surgery
All India Institute of Medical Sciences, New Delhi

7/76 – 6/77 Intern, Medical Service, Rutgers Medical School
(Middlesex and St. Peter's Hospitals), College of
Medicine and Dentistry of New Jersey

7/77 – 6/78 Junior Resident, Internal Medicine, Rutgers Medical
School (Middlesex and St. Peter's Hospitals), College of
Medicine and Dentistry of New Jersey

7/78 – 6/79 Senior Resident, Internal Medicine
University of Louisville, Kentucky

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Curriculum Vitae Continued:
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- 7/79 – 6/82 Postdoctoral Fellow, Divisions of Rheumatology and Allergy and Clinical Immunology, Scripps Clinic and Research Foundation, La Jolla, California
- Laboratories of Clinical Immunology and Molecular Immunology, Research Institute of Scripps Clinic, La Jolla, California
- Division of Rheumatology, University of California, San Diego, California
- 7/82 – 6/83 Adjunct Assistant Professor, Department of Medicine, University of California, Los Angeles: Division of Allergy and Clinical Immunology, Harbor-UCLA Medical Center, Torrance, California
- 7/83 – 4/85 Department of Allergy-Immunology, Kaiser-Permanente Medical Center, San Francisco, California
- 1/84 – Present Assistant Clinical Professor of Medicine, University of California, San Francisco, California
- 4/85 – Present Private practice, Allergy & Immunology, Rheumatology and Internal Medicine
Redwood City, California
- 9/98 – Present Director, Continuing Medical Education
Sequoia Hospital
Redwood City, California

Specialty Boards:

Diplomat, American Board of Internal Medicine, 1979
Subspecialty Boards in Rheumatology, 1982
Subspecialty Boards in Pediatric and Adult Allergy and Clinical Immunology, 1983

Licensures:

New Jersey, Kentucky and California

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Professional Societies:

Member, American College of Physicians
Member, American College of Chest Physicians
Member, American Academy of Allergy and Immunology
Fellow, American College of Allergy
Fellow, American College of Rheumatology

Hospital Affiliations:

Sequoia Hospital, Redwood City, California

Honors:

National Merit Scholarship, 1986
Merit Scholarship, All India Institute of Medical Sciences, New Delhi, 1971
Postdoctoral Fellow, The Arthritis Foundation, 1981

Bibliography:

1. Sabharwal, U.K., Vaughan, J.H., Kaplan, R.A., Robinson, C.A. and Curd, J.G. Frenitazole therapy in systemic lupus erythematosus. *Arthritis Rheum.*, 23:1376-1380, 1980
2. Sabharwal, U.K., Vaughan, J.H., Fong, S., Carson, D.A., and Curd, J.G. Activation of the Classical Pathway of Complement by Rheumatoid factors: Assessment by Radioimmunoassay for C4 *Arthritis Rheumatism* 25:161-167, 1982
3. Sabharwal, U.K., Keogh, L.H., Weisman, M.H., and Zvaifler, N.J., Granulomatous angiitis of the nervous system: Case report and review of the literature. *Arthritis Rheum.*, 25:342-345, 1982

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Cirriculum Vitae continued:

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4. Sabharwal, U.K., Fong, S., Hoch, S.O., Cook, R.D., Vaughan, J.H., and Curd, J.G., Complement activation by antibodies to Sm in systemic lupus erythematosus. Clin. Exp. Immunol. 51:317-324, 1983
5. Alder, T., Beall, G.N., and Curd, J., Heiner, D.C., and Sabharwal, U.K. Studies of the complement activation and IgG subclass restriction of antithyroglobulin. Clin. Exp. Immunol. 56:383-389, 1984
6. Adler, T., Beall, G.N., Heiner, D.C., Sabharwal, U.K., Swanson, K., Immunologic and clinical correlates of bronchial challenge responses to Bermuda grass pollen extracts. J. Allergy Clin. Immunol. 75:31-36, 1985

Abstracts:

1. Curd, J.G., Sabharwal, U.K., Fong, S., Carson, D.A., and Vaughan, J.H., Activation of complement by rheumatoid factors: Clin. Res., 29:102A, 1981
2. Curd, J.G., Sabharwal, U.K., Fong, S., Carson, D.A., and Vaughan, J.H., Complement activation by rheumatoid factor: Significance in rheumatoid arthritis. Clin. Res., 29:483, 1981.
3. Sabharwal, U.K., Vaughan, J.H., Fong, S., Carson, D.A., and Curd J.G. Complement activation by rheumatoid factors: Studies in rheumatoid arthritis. Arthritis Rheum., 24:560, 1981.
4. Sabharwal, U.K., Fong, S., Hoch, S.O., Cook, R.D., Kohler, P.F., Vaughan, J.H., and Curd, J.G. Complement activation by antibodies to Sm in systemic lupus erythematosus. Clin. Res., 30: 55A, 1982
5. Adler, T., Swanson, K., Sabharwal, U.K., Heiner, D., and Beall, G. IgG4 antibodies and brochial challenge response to Bermuda grass pollen extracts. J. Allergy Clin. Immunol. 71:151, 1983.

Invited Speaker:

1. Mediators of Lung Disease. American College of Chest Physicians, Chicago, Illinois, October 25, 1983.